

REAL A. BUREAU  
PLAINTIFF

SEPTEMBER 6, 2020

VS.

COMMONWEALTH OF MASSACHUSETTS, ATTORNEY GENERAL,  
AND THE DEPARTMENT OF CORRECTIONS  
DEFENDANT

### Complaint

① I REAL A. BUREAU, D.O.B 02/12/82 am Filing this Complaint IN REGARDS to the civil suit I am Against the DEPARTMENT OF CORRECTIONS and the COMMONWEALTH OF MASSACHUSETTS. This Complaint IS directed towards the lack of MEDICAL treatment Im Receiving At Shirley medium prison. A similar Lawsuit was Already Filed on DECEMBER 19, 2019 By ATTORNEY ROBERT FREDRICKSON II, ON BEHALF OF 3 INMATES NAMED, BRET COPPOLA, MICHAEL FEINSTEIN, and JOSEPH SCALAFANI. Against the DEPARTMENT OF CORRECTIONS, CASE# 1:19-cv-12550. THIS CIVIL SUIT WAS GRANTED, THESE INMATES WERE then put on the Medically Assisted Treatment program Immediately.

②

### PARTIES

REAL BUREAU A PRISONER AT MCI-SHIRLEY, MEDIUM, P.O. BOX 1218, SHIRLEY, MA. 01464-1218

③

THE COMMONWEALTH OF MASSACHUSETTS IS A SOVEREIGN STATE OF THE UNITED STATES.

FILED  
IN CLERKS OFFICE  
2020 SEP 14 12:58 PM  
U.S. DISTRICT COURT  
DISTRICT OF MASS.

(2)

(4) THE DEPARTMENT OF CORRECTIONS, ATTORNEY GENERAL, MCCORMACK BUILDING, ONE ASHBURTON PLACE, BOSTON, MA. 02108.

### FACTS

(5) I have already EXHAUSTED ALL OTHER options to RESOLVE this MATTER before deciding to take this INTO COURT BY Filing 3 GRIEVANCES, Appealing the decisions, went to Happy Hour to SPEAK with Administration, filled out approximately 10-15 sick slips IN REGARDS to this MATTER, and now this PROCESS OF COURT. I applied for the (MAT) program MEANING (MEDICALLY ASSISTED TREATMENT) HERE AT MCI-STURLEY when it was 1st AVAILABLE IN the PRISON. I did all the APPROPRIATE STEPS to START BY Filing OUT QUESTIONAIRES, Signing All WAIVERS and DOCUMENTS NECESSARY to BEGIN treatment. I was then cleared by Mental Health, the PROVIDER cleared me, and then right as I was suppose to START I was told I needed to be PAROLE positive OR 120 DAYS to my RELEASE. This STATEMENT IS A BLATANT LIE, THERE IS MANY INMATES that ARE on this program that ARE NOT PAROLE positive, and ARE NOWHERE NEAR 120 days to RELEASE OF PRISON. THE (D.O.C.) IS picking and choosing who they want to help with this program, the courts can subpoena the RECORDS AS PROOF, AND I feel AS the (D.O.C.) doesn't think that MY LIFE MATTERS ENOUGH, that's not FAIR to me.

⑥ I have opiate use disorder (O.U.D.) which is recognized by the state of Massachusetts as a mental health disorder. Opiate overdoses is a nationwide epidemic throughout prisons nationwide, and needs to be taken seriously and treated as any other mental health disorder.

The (D.O.C.) does not wait until 120 days or parole positive to treat (PTSD, Anxiety, depression, Bi-polar) or all the other mental health diagnoses, so why would this disorder be any different?

I have a long history of drug abuse, in and outside the prisons. As a matter of fact I was arrested on March 28, 2017 for possession of Suboxone, Heroin/Fentanyl. While I was incarcerated at Billerica House of Corrections in November 2017, I overdosed and died while in jail and had to be Narcaned twice, then taken to Saints Memorial Hospital to be treated.

To avoid opiate relapse again I have had to self-medicate using black market Suboxone since that day. I have received about 6 dirty urine drug tests for Suboxone and have received severe punishments from the (D.O.C.) for using Suboxone. I am scared to die again and this medication has saved my life but the (DOC) refuses to help me with the program they have set in place to prevent opiate relapse, overdoses, and death.

(4)

⑦ THE (DOC) IS EQUIP TO TREAT (O.U.D.) WITH 3- medications. #1 - VIVITROL SHOT, #2 - Buprenorphine or SUBOXONE, and #3 - METHADONE.

THESE TREATMENTS ARE USUALLY LENGTHY AND MOST OF THE TIME LIFE LONG, TO FORCE THE ENDING OF SAID TREATMENT WILL CAUSE EXCRUCIATING WITHDRAWAL SYMPTOMS.

THESE SYMPTOMS COULD HAVE LIFE THREATENING COMPLICATIONS, AS WELL AS OPIATE RELAPSE AND POSSIBLE DEATH. INMATES/ADDICTS REFUSE TO GO THROUGH THESE WITHDRAWAL SYMPTOMS THAT INCLUDE BUT ARE NOT LIMITED TO = RESTLESS LEGS, INSOMNIA, SWEATS, BODY AND MUSCLE PAINS, NAUSEA, NOT SLEEPING FOR WEEKS AND IN SOME CASES MONTHS, AND DIARRHEA ARE JUST SOME OF THE MANY PAINFUL SYMPTOMS. SO WITHOUT PROPER TREATMENT INMATES/ADDICTS ARE FORCED TO USE BLACK MARKET SUBOXONE TO SELF-MEDICATE TO AVOID RELAPSING AND POSSIBLY DYING OF AN OPIATE OVERDOSE. BUT THEN THE (DOC) PUNISHES THESE INMATE/ADDICTS WHEN FAILING A DRUG SCREEN BY, BEING PUT IN SEGREGATION (THE HOLE) FINANCIAL RETALIATION BY FREEZING THE INMATE/ADDICTS Canteen ACCOUNTS FOR OUTRAGEOUS AMOUNTS OF MONEY AND MAKES IT IN SOME CASES IMPOSSIBLE FOR THE INMATE TO BUY CARE NECESSITIES AS IN A BAR OF SOAP OR HYGIENE ITEMS OF ANY KIND, DISCIPLINARY ACTIONS AS IN LOSS OF GYM, LOSS OF YARD OR RECREATION, LOSS OF PHONE CALLS TO FAMILY, LOSS OF VISITS, AND MANY OTHER SANCTIONS, ALL FOR TAKING A MEDICATION THAT YOU NEED THAT SAVES YOUR LIFE!

⑧ ON TOP OF THE DISCIPLINARY INFRACTIONS, TAKING BLACK MARKET SUBOXONE OUT OF THE SALIVA OR RECTUM OF ANOTHER PERSON HAS MANY SERIOUS HEALTH HAZARDS AND RISKS AS WELL. THESE INMATE/ADDICTS COULD CONTRACT HIV, HEP-C, HERPES AND A SLEW OF OTHER DISEASES THAT CAN BE TRANSMITTED BY THIS METHOD.

IN REGARDS TO THE LAW SUIT ALREADY FILED AND GRANT (CASE # 1:19-CV-12550) THERE WAS MANY ISSUES SIGHTED AS IN, CIVIL RIGHTS VIOLATIONS CHALLENGING THE LIFE THREATENING AND DISCRIMINATORY DENIAL OF ADEQUATE MEDICAL CARE. THE (DOC) IS LEGALLY OBLIGATED TO MEET MEDICAL NEEDS TO THOSE IN THEIR CUSTODY. (COLD) IS A DEADLY DISEASE THAT AFFECTS MILLIONS OF AMERICANS, AND VIOLATES THE 8TH AMENDMENT OF THE U.S. CONSTITUTION (CRUEL AND UNUSUAL PUNISHMENT) ALSO THE ADA AMERICAN DISABILITY ACT, AND PLACES US INMATE/ADDICT IN IMMEDIATE DANGER, MUCH LIKE ANY OTHER DEADLY DISEASE THIS NEEDS TO BE TREATED IMMEDIATELY.

### REQUESTED RELIEF

I AM ASKING THE COURTS TO REQUEST EMERGENCY AND PERMANENT RELIEF TO REQUIRE THE (DOC) TO PROVIDE ME WITH ADEQUATE MEDICAL CARE FOR MY OPIATE USE DISORDER (AUD) AND PLEASE HELP ME PREVENT FROM SUFFERING WITHDRAWALS AND POSSIBLE RELAPSE ON OPIATES THAT COULD ULTIMATELY LEAD TO MY DEATH. AS IT HAS DONE TO MANY OTHER INMATE/ADDICTS WHO DIDN'T GET THE TREATMENT AND HAVE DIED BY OVERDOSING ON OPIATES AFTER RELAPSE.

(6)

Please require the (DOC) to put me on their medically ASSISTED TREATMENT program BEFORE its too late and I end up DEAD, AND ANOTHER DRUG OVERDOSE STATISTIC. With this medication I can AVOID opiates, without this program I will Relapse Again and Next time I might Not get so lucky and MAY die.

THANK you For taking the time to listen to my Complaint, Anything you can do for me would BE greatly Appreciated.

Sincerely yours,  
Respectfully Submitted,  
Real A. Bureau

September 6, 2020

#W110966

REAL A. BUREAU, PRO-SE

REAL BUREAU  
PLAINTIFF,

SEPTEMBER 6, 2020

VS.

COMMONWEALTH OF MASSACHUSETTS, ATTORNEY GENERAL,  
and the DEPARTMENT OF CORRECTIONS  
DEFENDANTS.

AFFIDAVIT OF REAL BUREAU pertaining  
to the civil lawsuit and complaint that  
I am Filing.

I REAL BUREAU Inmate # W110966  
SWEAR that All documents that I have  
Filled out pertaining to this matter,  
and EVERYthing I stated in my  
Complaint to the Courts IS 100%  
ACCURATE and TRUE. I AM IN  
the PROCESS Now of getting multiple  
COPIES OF All the paperwork I have  
Filled out to SEND out to all the  
defendants of this matter. Because  
OF the CORONA VIRUS I AM AT the  
MERCY OF the PRISON as to when  
I can MAKE COPIES and Go to the  
LIBRARY, but they will be COPIED  
And SENT out AS SOON AS possible.

Real A. Bureau

REAL A. BUREAU, PRO-SE

MCI-STIRLEY Medium - P.O. Box 1218  
STIRLEY, MA. 01464 - 1218